

Refresh a Women's Retreat

Take a break from the noise of everyday life and step into a space created for spiritual renewal, sisterhood, and rest. This retreat is designed to nourish your heart—through worship, teaching, fellowship, and quiet moments with God.

What to Expect:

Encouraging teaching inspired by Psalm 46:1

Fellowship with women of faith
Guided activities and reflection moments

Delicious meals + snacks and beverages throughout

A refreshing overnight getaway in a peaceful environment

Refresh a Women's Retreat

Friday, May 1st 4:00 PM -

Saturday May 2nd 1:00 PM

*Optional Zipline

Registration Deadline:

April 20th

Register with your church representative:

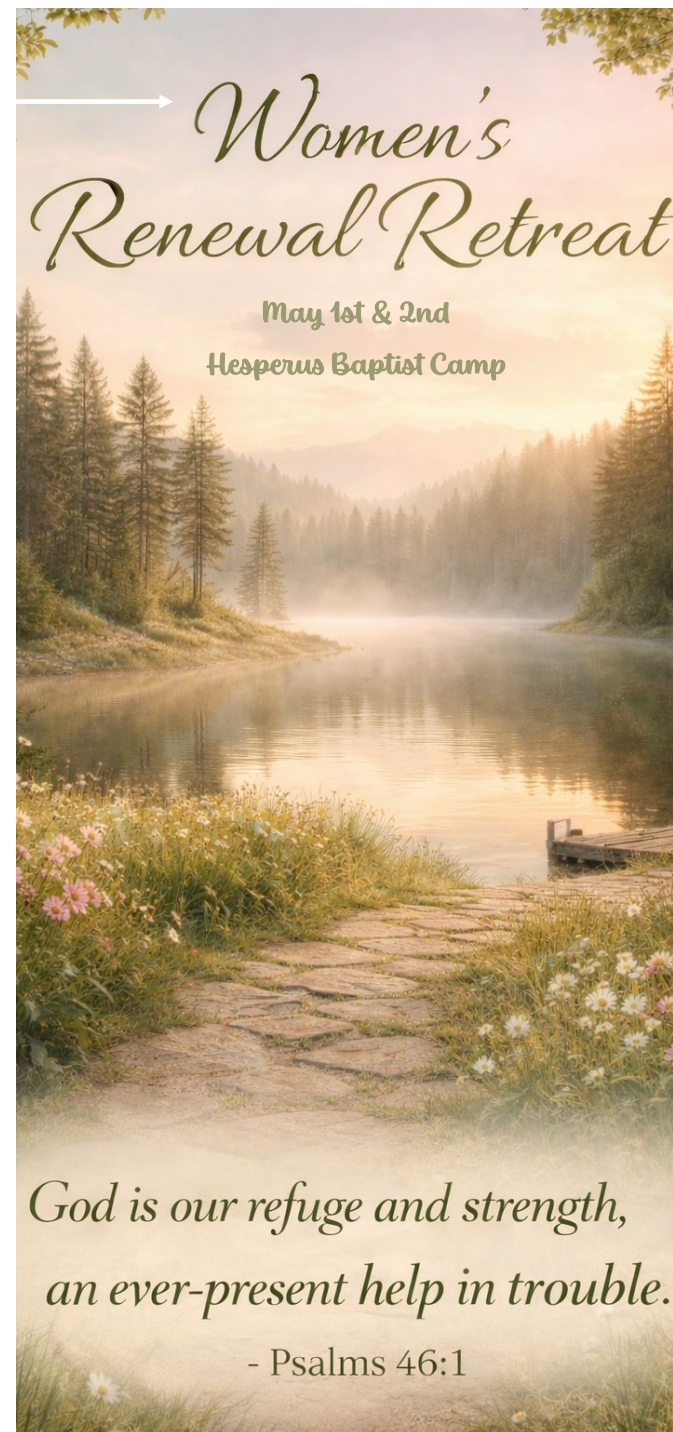
Hesperus Baptist Camp

22265 HWY140

Hesperus, CO 81326

970-385-4389

Sponsored by San Juan Baptist Association and Mesa Verde Baptist Association



→ **Meet our Speaker:
Jennifer Thurman**

Jennifer Thurman lives in Fort Collins, CO with her husband Zack, lead pastor of Overland Church, and their two teenage sons John and James.

Jennifer serves as the training and resource coordinator for Send Relief National, the compassion ministry of the International Mission Board and the North American Mission Board. She is passionate about leading women's Bible studies and helping women take their next step in following Jesus.

→ **Retreat Costs**

Day Pass (No lodging)

\$25 / person per day

(includes meals and activities)

Lodging Options (includes meals)

Register early to ensure you get the room type you would like. Single rooms go fast and are limited in availability.

• Single Lodge Room:

\$74 per person

• Shared Lodge Room:

\$64 per person

• Cabin (bunk lodging):

\$55 per person

*If staying in the Cabin, please bring your own linen and pillows

Zipline is free but participants must reserve in advance.

→ **Activity Highlights**

- ◇ Worship & teaching sessions
- ◇ Guided reflection & journaling
- ◇ Group Icebreaker activity
- ◇ Prayer partners / quiet meditation time
- ◇ Optional craft or board games

Bring your bible, and a notebook.

This is a great opportunity to invite women you know for a wonderful time of reflection, relaxation, and renewal. We look forward to seeing you at this year's annual Refresh a Women's Retreat